

## Coaching Minor

<b>Program Requirements</b>	<i>Cr</i>	<input checked="" type="checkbox"/>
BIOL 123 Nutrition	3	
PHED 222 Care and Prevention of Athletic Injury	3	
PHED 226 Techniques of Teaching Fitness & Wt. Training	3	
PHED 327 Psychology of Sport	2	
PHED 328 Sociology of Sport and Physical Education	2	
PHED 310 Coaching Theory I	3	
PHED 410 Coaching Theory II	3	
<b>TOTAL</b>	<b>19</b>	

## Personal Training Minor

<b>Program Requirements</b>	<i>Cr</i>	<input checked="" type="checkbox"/>
BIOL 123 Nutrition	3	
BIOL 221 Human Structure and Function and Lab	3	
EXER 366 Theory and Methodology of Training	3	
EXER 376 Advanced Concepts of Personal Training	3	
EXER 396 Personal Training Practicum	1	
EXER 400 Exercise Assessment and Prescription	4	
PHED 226 Techniques of Teaching Fitness and Weight Training	3	
SMGT 200 Marketing for Sport	3	
<b>TOTAL</b>	<b>23</b>	