

Name: _____ Date: _____ Advisor: _____

Exercise Science (2020-2021)

University Writing Proficiency and Placement Information

| | | | |
|--|---|------------------------------------|---|
| Writing Proficiency earned by . . . circle one: ENGL 111 ACT/SAT/CLT (Score:) AP CLEP IB | | | |
| ACT English ≥ 26 or SAT Writing/Language (W/L) ≥ 33, CLT Writing/Grammar (W/G) ≥ 32: Student is proficient. Enroll in Effective Communication option. Refer to each term's "Core Options" document for available choices. | | | |
| If transfer student has ENGL 111 composition only, enroll in a 200-level Effective Communication course. | | | |
| If transfer student has a 200-level (or above) composition course, check for Speech course. If no Speech listed, enroll in COMM 211. | | | |
| If transfer student has a 200-level composition course AND a Speech course, he or she is proficient. | | | |
| If student has no test scores, enroll in ENGL 102. | | | |
| ACT English = 24-25, SAT W/L 31-32, CLT W/G 30-31: take Writing Step-Up Exam in first semester. | | | |
| ACT English 20-23, SAT W/L 28-30, CLT W/G 24-29: ENGL 111 | 3 | Wellness Proficiency | |
| ACT English 16-19, SAT W/L 23-27, CLT W/G 19-23: ENGL 102 | 2 | EXER 101 Lifetime Health Awareness | 1 |
| ACT English ≤ 15, SAT W/L ≤ 22, CLT W/G ≤ 18: ENGL 100 | 1 | | |

Core Curriculum Requirements

| | Cr | <input checked="" type="checkbox"/> | | Cr | <input checked="" type="checkbox"/> |
|---|----|-------------------------------------|---|----|-------------------------------------|
| DEPT 100 University Seminar | 1 | <input checked="" type="checkbox"/> | Effective Communication Option (WPR)** | 3 | <input type="checkbox"/> |
| BIBL 111 Essential Christianity | 3 | <input type="checkbox"/> | EXER 210 Statistics (Preferred) or 129 or 231 | 3 | <input type="checkbox"/> |
| BIBL 115 Old Testament Literature | 3 | <input type="checkbox"/> | Historical Inquiry Option* | 3 | <input type="checkbox"/> |
| BIBL 116 New Testament Literature | 3 | <input type="checkbox"/> | Artistic Expression Option* | 3 | <input type="checkbox"/> |
| Christian Stewardship: FIN 138 Personal Finance | 3 | <input type="checkbox"/> | Behavioral and Social Sciences Option* | 3 | <input type="checkbox"/> |
| Healthy Relationships: PSYC 138 (Preferred) or 112 | 3 | <input type="checkbox"/> | Humanities Option* | 3 | <input type="checkbox"/> |
| Reading and Imagination: ENGL 123* | 3 | <input type="checkbox"/> | BIBL 360 - 370 Book Study (WPR)* | 3 | <input type="checkbox"/> |
| Natural Science without Lab Option* | 3 | <input type="checkbox"/> | ICST 350 Global Connections* | 3 | <input type="checkbox"/> |
| Natural Science with Lab Option* | 4 | <input type="checkbox"/> | THEO 320 Pentecost | 3 | <input type="checkbox"/> |
| *Refer to each term's "Core Options" document for available choices WPR = Writing Proficiency Required: ENGL 111 or ACT English ≥ 26 | | | **ENGL/COMM 205 or 341; ENGL 211, 212, or 236 If student has ENGL 201 in transfer, enroll in COMM 211. | | |

Major Requirements

| | Cr | <input checked="" type="checkbox"/> | | Cr | <input checked="" type="checkbox"/> |
|---|----|-------------------------------------|---------------------------------------|----|-------------------------------------|
| BIOL 101 General Biology & Lab | 4 | <input checked="" type="checkbox"/> | EXER 496 Professional Seminar | 1 | <input type="checkbox"/> |
| BIOL 123 Nutrition | 3 | <input type="checkbox"/> | PHED 112 Lifetime Fitness & Dance | 3 | <input type="checkbox"/> |
| BIOL 221 Human Structure and Function | 3 | <input type="checkbox"/> | PHED 222 Care & Prevent of Ath Injury | 3 | <input type="checkbox"/> |
| EXER 345 Research Methods | 3 | <input type="checkbox"/> | PHED 226 Tech of Tchng Fit & Wt Train | 3 | <input type="checkbox"/> |
| EXER 356 Sport Nutrition and Ergogenic Aids | 3 | <input type="checkbox"/> | PHED 310 Coaching Theory I | 3 | <input type="checkbox"/> |
| EXER 366 Theory & Methodology of Training | 3 | <input type="checkbox"/> | PHED 327 Psychology of Sport | 2 | <input type="checkbox"/> |
| EXER 376 Advanced Concepts in Personal Training | 3 | <input type="checkbox"/> | PHED 328 Sociology of Sport | 2 | <input type="checkbox"/> |
| EXER 396 Personal Training Practicum | 6 | <input type="checkbox"/> | PHED 410 Coaching Theory II | 3 | <input type="checkbox"/> |
| EXER 400 Exercise Assessment & Prescription | 3 | <input type="checkbox"/> | PSYC 237 Lifespan & Development | 3 | <input type="checkbox"/> |
| EXER 422 Physiology of Exercise & Lab | 4 | <input type="checkbox"/> | SMGT 124 Intro to Sport Management | 3 | <input type="checkbox"/> |
| EXER 441 Kinesiology | 3 | <input type="checkbox"/> | SMGT 200 Marketing for Sport | 3 | <input type="checkbox"/> |
| EXER 476 Cardiovascular Functions | 3 | <input type="checkbox"/> | SMGT 324 Organ & Admin of Sport | 3 | <input type="checkbox"/> |

Minimum total credits to graduate

124

Name: _____ Date: _____ Advisor: _____

| FALL | Cr |
|---------------------------------------|----|
| DEPT 100 University Seminar | 1 |
| BIBL 111 Essential Christianity | 3 |
| PHED 226 Tech of Tchng Fit & Wt Train | 3 |
| SMGT 124 Intro to Sport Management | 3 |
| ENGL 111 | 3 |
| Gen Ed. | 3 |
| | 16 |

| SPRING | Cr |
|-----------------------------------|----|
| BIBL 115 Old Testament Literature | 3 |
| COM 205 | 3 |
| PHED 327 Psychology of Sport | 2 |
| BIOL 101 General Biology & Lab | 4 |
| Gen Ed. | 3 |
| Gen Ed. | 3 |
| | 18 |

| FALL | Cr |
|---------------------------------------|----|
| BIOL 221 Human Structure and Function | 3 |
| EXER 422 Physiology of Exercise & Lab | 3 |
| BIBL 116 New Testament Literature | 3 |
| PHED 310 Coaching Theory I | 3 |
| Gen Ed | 3 |
| | 15 |

| SPRING | Cr |
|---------------------------------|----|
| PHED 410 Coaching Theory II | 3 |
| PSYC 237 Lifespan & Development | 3 |
| BIOL 123 Nutrition | 3 |
| SMGT 200 Marketing for Sport | 3 |
| Gen Ed | 3 |
| | 15 |

| FALL | Cr |
|---|----|
| EXER 345 Research Methods | 3 |
| EXER 366 Theory & Methodology of Training | 3 |
| PHED 328 Sociology of Sport | 2 |
| Gen Ed | 3 |
| Gen Ed | 3 |
| Gen Ed | 3 |
| | 17 |

| Spring | Cr |
|---|----|
| EXER 456 Sport Nutrition and Ergogenic Aids | 3 |
| EXER 376 Advanced Concepts in Personal Training | 3 |
| SMGT 324 Organ & Admin of Sport | 3 |
| PHED 222 Care & Prevent of Ath Injury | 3 |
| EXER 210 Statistics (Preferred) or 129 or 231 | 3 |
| EXER 441 Kinesiology | 3 |
| | 18 |

| FALL | Cr |
|---|----|
| EXER 396 Personal Training Practicum | 3 |
| EXER 496 Professional Seminar | 3 |
| EXER 400 Exercise Assessment & Prescription | 1 |
| Gen Ed | 3 |
| Gen Ed | 3 |
| | 13 |

| SPRING | Cr |
|--------------------------------------|----|
| EXER 396 Personal Training Practicum | 3 |
| EXER 476 Cardiovascular Functions | 3 |
| PHED 112 Lifetime Fitness & Dance | 3 |
| Gen Ed | 3 |
| Gen Ed | 3 |
| | |