



College of Arts and Sciences

Kinesiology Department

Bachelor of Science in Exercise Science

The following Program Learning Outcomes have been established by Evangel faculty to define the areas of knowledge and skills that students graduating from this major degree program should have developed. At the conclusion of this program, students will be able to:

1. Identify critical elements of the bones and muscles involved in human movement and combine the concepts related to anatomy and physiology with biomechanics.
2. Describe physiological concepts related to exercise testing (i.e. maximal aerobic testing, anaerobic testing, body composition analysis).
3. Plan and implement developmentally appropriate exercise programs.
4. Demonstrate knowledge to assess health status, choose fitness testing, and prescribe exercise programs.